

HGR Drug Rehabs San Diego

402 W Broadway Suite 400, San Diego, CA

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Drug & Alcohol Rehab San Diego, CA

drugrehabssandiego.com

Russel San Diego IOP Drug Rehabs HGR Alcohol Free Recovery When Russel began researching drug rehabs and alcohol rehabs in San Diego, he needed a program that would allow him to continue working while getting the professional help he had come to recognize he needed. The intensive outpatient program at HGR Drug Rehabs San Diego California was what he found, and the experience he describes in his review captures both the initial hesitation and the genuine value of what the program delivered. Russel's insurance, Aetna, was accepted at HGR, which resolved the financial concern that often delays people from seeking treatment. He was initially uncertain about committing to three sessions per week for three hours each time, but he describes his reaction after the first session simply: he loved it. The combination of the clinical programming, the group community, and the personal care of Nora Jenkins and the staff created an experience that he came to look forward to. The outcome Russel describes is concrete: 67 days of alcohol and drug free living at the time of his review. In the context of addiction treatment, 67 days of sobriety after what appears to have been a period of heavy use and dependence represents meaningful progress and a foundation for the longer-term recovery that the continuation of the IOP was supporting.

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Russel's story reflects the experience that HGR's outpatient program is designed to produce: professional treatment accessible [drug rehabs San Diego CA](http://drugrehabssandiego.com) to people who are living their lives, delivered by a team that genuinely cares about each person's recovery. The program that worked for Russel is available for other San Diego residents in similar situations. Call HGR Drug Rehabs San Diego California at 760-697-0497. Office at 402 W Broadway Suite 400. Open 24 hours.