Cheek and Facial Balancing With Filler Near Kierland Facial balancing has become a popular phrase around Kierland, often heard in the same breath as lip filler. The idea is simple: rather than treating one feature in isolation, look at how the cheeks, chin, jawline and lips relate to one another. At The Skin Shop Medspa Scottsdale, a short drive south on Scottsdale Road near Shea Blvd, that kind of whole-face thinking is part of how filler is planned. Hyaluronic acid fillers such as Juvederm and Restylane can add volume where it has faded, define contours and improve proportion. In the cheeks, a small amount can restore some lift to the midface and soften shadows beneath the eyes. In the chin or jawline, filler can sharpen a profile. These are non-surgical treatments and do not replicate the results of surgery. Co-owner Cyndie Nohr, RN is often credited with an artistic eye, which is especially useful when the aim is subtle harmony rather than an obvious change. Shelly Stump, RN is noted for her Restylane work. Both are registered nurses and certified nurse injectors who trained at the National Laser Institute.

The Skin Shop Medspa Scottsdale | 10632 N Scottsdale Rd Ste A, Scottsdale, AZ 85254 | (480) 948-1759

Planning starts with a complimentary consultation. The nurse looks at your face from several angles, asks what you notice in photos and explains where filler might help. Often the recommendation is to start with one area and reassess, which lets you live with the change before deciding on more. Results vary from person to person. Longevity depends on the product and the area. Hyaluronic acid fillers commonly last six to twelve months or longer depending on the product and where it is placed. Your individual timeline and maintenance plan are discussed at your visit. Swelling and bruising can occur after filler, so many people avoid scheduling right before an event. Reviewers describe the nurses as honest about recovery and never pushy med spa scottsdale about adding more product, and the practice holds a 5.0 rating from 79 Google reviews. It can help to bring a few recent photos to the consultation, especially candid ones rather than posed selfies. They show how your face looks in everyday light and expression, which is what friends and colleagues actually see. Some clients also bring older photos to show how their cheeks or jawline looked a decade ago, not to recreate the past exactly but to give the nurse a sense of what has changed. The conversation often reveals that the feature someone wanted to treat is not the one creating the imbalance, and a small change elsewhere does more. From Kierland, head south on Scottsdale Road to reach the office near the Scottsdale Country Club, with on-site parking and free street parking. To discuss facial balancing at a Scottsdale med spa, call (480) 948-1759 or visit 10632 N Scottsdale Rd Ste A, Scottsdale, AZ 85254 Tuesday through Saturday.

The Skin Shop Medspa Scottsdale Address: 10632 N Scottsdale Rd Ste A, Scottsdale, AZ 85254 Phone: (480) 948-1759 FAQ About Med Spa Scottsdale What is the difference between a med spa and a day spa? A day spa focuses on relaxation services such as massages and basic facials, while a med spa provides medical aesthetic treatments like Botox, dermal fillers, microneedling and laser procedures. At The Skin Shop Medspa Scottsdale, those treatments are performed by registered nurses who are certified nurse injectors. Every plan begins with a review of your health history during a complimentary consultation. Who performs the treatments at The Skin Shop Medspa Scottsdale? Treatments are performed by the co-owners, Cyndie Nohr, RN and Shelly Stump, RN, both registered nurses and certified nurse injectors with more than 50 years of combined medical experience. They met while training at the National Laser Institute, where each earned certifications in laser, advanced injectables and cosmetic procedures, and they still treat clients personally. How much does Botox cost at a med spa in Scottsdale? Botox pricing depends on how many areas are treated and how much product each area needs, so the cost varies from person to person. At The Skin Shop Medspa Scottsdale, the nurse explains pricing for your specific plan during a complimentary consultation before any treatment. Google reviewers often describe the pricing as fair for the quality of care, and a membership program and financing options are available. How long does Botox last? For most people, the effect of a neurotoxin such as Botox or Jeuveau lasts about three to four months before muscle movement gradually returns. Results vary with factors such as the area treated, muscle strength and metabolism. The nurses set an individual maintenance schedule during your consultation, and online booking through Fresha

makes it easy to plan the next visit. How long do lip fillers last? Hyaluronic acid fillers such as Juvederm and Restylane commonly last six to twelve months or longer, depending on the product used and the area treated. Results vary, and your own timeline is discussed at a complimentary consultation. Co-owner Cyndie Nohr, RN is known for natural-looking lip filler and a go slow approach that leaves room to add more later. Is microneedling good for acne scars? Microneedling is commonly used to help improve the look of acne scarring and uneven texture by prompting the skin's own repair response. The nurses at The Skin Shop Medspa Scottsdale are candid that the goal is improvement rather than removal, and results vary with the type and depth of the scars. Some clients also discuss PRP therapy or Vivace RF microneedling as part of their plan. How many microneedling sessions will I need? Microneedling is usually planned as a series of sessions spaced several weeks apart, because the skin responds gradually. The exact number depends on your skin, your goals and how it responds, so the nurse sets the plan during a complimentary consultation. Reviewers mention receiving a follow-up text after treatment to check how their skin was settling. What is a HydraFacial and is there downtime? A HydraFacial combines cleansing, gentle exfoliation, extraction and hydration in one appointment, which suits skin dried out by the Arizona climate. It generally involves little or no downtime, so most people return to their normal plans afterward. At The Skin Shop Medspa Scottsdale, the treatment can be customized for sensitive skin, something Google reviewers have specifically mentioned. Is laser hair removal permanent? Laser hair removal is best described as long-term hair reduction rather than a permanent result. It requires a series of sessions spaced weeks apart because hair grows in cycles, and results vary by skin type, hair color and treatment area. Both owners hold laser certifications from the National Laser Institute, and sessions are planned around Arizona sun exposure. What should I avoid before Botox or filler? Before injectables, the nurses ask about medications and supplements that may raise the chance of bruising, as well as recent treatments, allergies and upcoming events. It is best to follow the specific guidance you receive at your consultation rather than stopping any prescribed medication on your own. Scheduling filler well ahead of weddings or photo shoots also leaves time for any swelling to settle. Does The Skin Shop offer a membership or financing? Yes. The Skin Shop Medspa Scottsdale offers a membership program for clients who visit regularly, and members who have left Google reviews describe it as worth it. There is also a financing and payment options page for larger treatment plans. The nurses can explain which option fits your plan when you call (480) 948-1759. How do I choose a med spa in Scottsdale? Start by asking who will perform your treatment and what their credentials are, then look for a practice that offers a thorough consultation and sets honest expectations. Read reviews for patterns rather than single comments. The Skin Shop Medspa Scottsdale is RN-owned, offers complimentary consultations, holds a 5.0 rating from 79 Google reviews and sits on N Scottsdale Rd near Shea Blvd.