



ALCOHOL DETOX

alcohol detox



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United States



archangelcenters.com



ALCOHOL DETOX TINTON FALLS

GOD IS
WITH ME
I CAN'T LOSE



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Alcohol detoxification looks basic from the exterior. Stop drinking, wait a few days, go on. Anyone who has endured it, or aided an enjoyed one with it, understands far better. The body adapts to alcohol in manner ins which touch rest, blood pressure, state of mind, and memory. When the alcohol stops, those systems misfire. Good detox in Tinton Falls maintains you safe while those systems reset. Wonderful detox prepares you for the following part of recovery, the component that lasts.

This guide walks through what alcoholism treatment appears like today in Monmouth Area, what takes place in the very first 72 hours, just how clinicians handle danger, and exactly how to pick in between alternatives. It includes the trade-offs I review with households weekly, and it makes use of regional realities to ground the recommendations. Whether you are seeking alcohol detox Tinton Falls for yourself or somebody you like, knowing the surface lowers fear and enhances outcomes.

Detox and rehab are not the same thing

Detox is the medically handled process of getting rid of alcohol from your system while handling withdrawal symptoms. It is short, generally 3 to 7 days. The main goal is safety. The secondary objective is comfort.

Rehab is what comes next. It consists of therapy, education and learning, medication for relapse prevention, family members job, and technique living without alcohol. Rehabilitation can be property, partial a hospital stay, or outpatient. It frequently recently to months. Consider detox as a runway and rehab as the trip. You need both to reach a destination.

In Tinton Falls, many individuals total detoxification at a devoted device, a hospital-based program, or an accredited withdrawal management center, then step into alcohol rehab Tinton Falls or a close-by outpatient program. Some facilities bundle both under one roofing system; others collaborate with companion programs around Monmouth County.

The very first call and what admission looks like

Most admissions start with a quick call. Expect to address functional concerns: just how much you consume alcohol, just how usually, the last beverage, medical history, existing medicines, allergies, seizures, episodes of serious confusion, and psychological health and wellness background. Accuracy matters. Under-reporting the last drink or quantity can undermine the detoxification strategy. If you are asking for an enjoyed one, share what you see. Slurred speech, hand tremors in the morning, sweating, or irritability by late mid-day point toward physical dependence.

Timelines vary. If you go to high risk for complex withdrawal, the group will certainly attempt to confess the exact same day, occasionally within hours. If danger is moderate, you might have a planned admission home window. When beds are tight, staff frequently work with a secure bridge: hydration, vitamins, and a careful strategy to avoid a hazardous gap.

Insurance confirmation normally runs in parallel. A lot of commercial plans and Medicaid strategies acknowledge detox as medically necessary when certain criteria are satisfied. Expect authorization for a brief remain first, with updates sent out daily from the medical team.

If severe signs show up in your home, do not wait. Call 911 or most likely to the local emergency situation division. Seizures, extreme confusion, high fever, unchecked throwing up, or upper body discomfort require immediate treatment. Around, hospital emergency situation divisions collaborate very closely with detoxification programs for secure transfers as soon as you are stabilized.

Day one and the first 72 hours

The intake registered nurse will inspect vital indicators, blood alcohol material if pertinent, and location you on a standard analysis like CIWA-Ar, a confirmed device that scores withdrawal symptoms. **alcohol detox** You will generally get thiamine, folate, and a multivitamin early to safeguard the brain and prevent Wernicke's encephalopathy, which is unusual however significant. If you are already shaky, perspiring, distressed, or nauseated, the physician or registered nurse specialist starts symptom-driven medicine promptly.

Here is just how the very first stretch typically unfolds.

- Hour 0 to 12: Intake, labs, hydration, vitamins, and a first dose of medicine if indicated. You may really feel groggy or agitated. Personnel look at you often.
- Hour 12 to 24: Signs and symptoms can magnify. Shake, stress and anxiety, poor rest, and high blood pressure spikes prevail. Drug doses are adapted to your score and vitals. Easy food, liquids, and short strolls

help.

- Day 2: If withdrawal dangers are higher, this is a vital day. Seizure danger is greater in the initial two days. The group enjoys very closely. Lots of clients start to maintain, with much less drinking and far better sleep.
- Day 3: Symptoms often relieve. The team changes towards preparation. You fulfill a counselor, review triggers, and map the following degree of treatment. If available, you may participate in a quick group or a one-on-one session.
- Day 4 to 7: Size depends upon severity, co-occurring problems, and feedback to medicines. Some discharge on day 3, others require a couple of even more days to land gently.

Families occasionally are afraid that medicines merely change one material with one more. Done properly, detoxification relies on short training courses of medicines that lessen as signs and symptoms fix. The strategy is individualized and time-limited.

Medications utilized in alcohol detox

Most devices utilize symptom-triggered benzodiazepines, due to the fact that this course minimizes the threat of seizures and ecstasy tremens when alcohol quits. Typical selections include diazepam and lorazepam. Dosages are not one dimension fits all. Older grownups, people with liver disease, or those with severe sleep apnea need cautious adjustments.

Adjuncts reduce specific signs. Gabapentin can minimize stress and anxiety and insomnia. Clonidine or propranolol assists with free signs and symptoms like rapid heart price and trembling. Hydroxyzine or trazodone sustains sleep. Antipsychotics such as haloperidol might be made use of briefly for severe anxiety or hallucinations, yet not as a standalone for seizure avoidance. Thiamine is non-negotiable, offered before sugar when possible. Much more severe or difficult instances often require inpatient hospital monitoring with IV fluids, electrolyte improvement, and continuous monitoring.

A good detox program aims for the most affordable effective medicine dose and quits it as quickly as it is risk-free. The objective is not a chemical pillow for weeks. It is safe passage.

Understanding risk: who needs inpatient detox

Not every person requires inpatient detox. Light to moderate withdrawal can be managed at home with day-to-day facility check-ins and prescriptions, especially when there is solid social support and no significant wellness problems. That claimed, particular variables push the range toward supervised treatment:

- History of withdrawal seizures or delirium tremens, even once.
- Heavy or long period of time of drinking, for instance a pint or even more of liquor daily for months.
- Significant medical problems such as heart disease, unchecked diabetes mellitus, or liver failure.
- Pregnant people, who require collaborated obstetric and addiction care.
- Lack of a reliable sober caretaker at home.

Tinton Falls has prepared accessibility to both inpatient and ambulatory setups. The right suit relies on safety and security first, after that logistics and preference.

What rehab resembles after detox

The handoff from detox to rehab shapes the next six months. Strong programs construct that bridge early. You will likely satisfy a situation supervisor or counselor by day two that timetables the initial consultations, arranges transport when required, and checks insurance protection. Options consist of:

- Residential rehab, typically 2 to 4 weeks, for those who need an organized atmosphere without easy accessibility to alcohol.
- Partial a hospital stay, 5 days each week for several hours each day, with nights at home.
- Intensive outpatient, 3 to 4 days per week, generally at nights to balance work or family.
- Standard outpatient therapy, once or twice weekly, typically paired with peer support.

Therapies vary, yet cognitive behavioral therapy and inspirational talking to are mainstays. Several programs in this region add trauma-informed treatment, household sessions, and skills training for sleep, stress and anxiety, and interaction. A reliable alcohol rehab Tinton Falls plan looks ordinary on paper yet demanding in life: consistent therapy, peer link, medication when appropriate, and day-to-day issue solving at home and work.

[*alcohol detox tinton falls Archangel Centers*](#)

Medication for relapse prevention

Detox addresses withdrawal, not food craving or regression danger. Continuous alcoholism treatment usually consists of drug:

- Naltrexone decreases incentive from drinking and can decrease hefty alcohol consumption days. It comes as a day-to-day pill or a monthly shot. It is a great fit for lots of, unless there is severe liver disease or opioid use.
- Acamprosate sustains abstinence by easing post-acute signs and symptoms like internal restlessness. It is dosed three times everyday and works best once you are alcohol-free.
- Disulfiram develops an aversive response if you consume alcohol on it. It benefits individuals who want a strong exterior brake and have reputable supervision.
- Off tag medicines such as topiramate or gabapentin can help some clients who do not tolerate first-line options.

The selection depends on objectives. Somebody aiming for total abstaining could choose acamprosate or naltrexone. Someone attempting to lower heavy drinking days, en route to abstaining, might start with naltrexone. An individual with serious liver illness calls for additional caution and often favors acamprosate.

A day inside a modern detoxification unit

The medical parts are foreseeable. The human components vary. On a regular early morning, vitals and sign ratings preceded, complied with by a light morning meal. A registered nurse checks on hydration and sleep. If you really feel queasy, boring foods function best, and ginger tea aids more often than you would expect. If you rested inadequately, the team readjusts the evening plan.

Afternoons frequently include a short psychoeducation group, if you are up for it, on topics like triggers, sleep health, hydration, and what the following week looks like. People who feel too shaky remain in their areas and meet one-on-one later on. Most systems construct in peaceful hours to minimize overstimulation. A therapist may sit with you to detail telephone number you wish to stay clear of for a while. Phones are occasionally restricted throughout acute withdrawal to limit stress.

Evenings are low profile. Easy motion, a brief walk in the corridor, or mild extending assists. Team urge showers and fresh clothing, tiny acts that recover self-respect when your body feels off. This seems standard, and it is, however it assists individuals transform the corner.

Local context in Tinton Falls and Monmouth County

Location matters. Tinton Falls sits near a number of clinical facilities and outpatient facilities, which reduces the handoff in between detox and rehab. Public transportation is restricted, so programs that offer rides or coordinate with family have a side. Job routines around the Shore can be seasonal, and night intensive outpatient teams assist those who juggle changing shifts.

Peer support is very easy to discover. There are Alcoholics Anonymous conferences throughout Monmouth Area, including morning and lunch break layouts. Some churches and recreation center host non-12-step groups as well. A strong alcohol rehab Tinton Falls strategy frequently includes a dedication to attempt several meetings, not just one, to locate a good fit.

Legal issues emerge in this region as anywhere. If you have a pending drunk driving, tell your counselor. Programs can provide participation paperwork and collaborate with attorneys or probation when ideal, with your composed consent. Privacy regulations protect your information under HIPAA and 42 CFR Part 2, so nothing is shared without your permission.

Special populations and medical judgment

One size never ever fits all. Right here are circumstances where plans frequently change:

- Older adults metabolize medicines differently, and drop threat is genuine. Reduced benzodiazepine dosages, slower tapers, and added interest to hydration and electrolytes prevent complications.
- People with liver illness call for cautious medicine option. Lorazepam is often favored in severe liver disability because it prevents energetic metabolites. Naltrexone may be delayed up until liver feature improves.
- Pregnant individuals need collaborated care. The top priority is maternal stabilization, fetal monitoring when indicated, and careful medicine choices. Early prenatal coordination makes a difference.
- Those with co-occurring mental health conditions gain from integrated treatment. Deal with unattended anxiety, PTSD, or ADHD along with alcohol usage problem. Prevent going after one trouble at a time.
- People with persistent pain requirement reasonable plans. A great program brings pain management into the discussion early, with non-opioid approaches, physical therapy referrals, and coordinated prescribing.

The usual string is customization. The right strategy is the one you can adhere to safely, not the one that looks ideal on paper.

Cost and insurance policy without spin

Costs differ commonly. In New Jersey, facility-based detox costs can run into a number of thousand dollars for a multi-day remain, yet what you pay relies on insurance policy contracts and deductibles. Commercial insurance policy often covers detoxification when criteria are met, with copays that range from small to significant depending on your plan. Medicaid prepares in the area cover licensed detoxification programs, though bed availability can rise and fall. If you are uninsured, ask about state financing obstructs or charity treatment screening. Financial therapists can run a fast advantages inspect before admission so you are not surprised.

Medication for relapse prevention is normally covered. Naltrexone injection has higher in advance price, however many plans approve it when oral medicine has actually not worked or adherence is a problem. Drug stores in and around Tinton Falls recognize with prior permissions for these medicines, yet it can still take a day or 2 to process.

Therapy that sticks after detox

People do not regression for lack of information. They relapse when stress spikes, rest collapses, or they run into an old pattern without a strategy. Reliable therapy targets those real minutes. If alcohol rehab consists of only talks, you will certainly learn intriguing truths and little else. Programs that mix individual therapy, skills practice, and peer conversation teach you to take care of the edge instances: the coworker who pressures you continuously, the wedding anniversary of a loss, the evening you do not go to sleep up until 3 a.m.

Look for a plan that rehearses responses. Technique claiming no with a full sentence. Technique leaving a party in the first [alcohol rehab tinton falls](#) 15 minutes without explanation. Technique purchasing club soda with lime without a long story. It really feels unpleasant in the beginning. It gets easier quickly.

Medication plus treatment is not a crutch. It is a clever pairing. Individuals that utilize both tend to stay engaged longer.

How to plan for admission

A short, functional checklist aids the day go smoother.

- Photo ID, insurance coverage card, and a checklist of current medications with doses.
- Comfortable clothes and basic toiletries, preventing items that contain alcohol like particular mouthwashes.
- Names and numbers of vital get in touches with, plus any type of legal paperwork you might need.
- A small amount of cash or a debit card for incidentals if allowed.
- A book or straightforward activity for quiet periods, since displays may be restricted early on.

Leave prized possessions in the house. If you wear prescription glasses, bring a backup situation. If you make use of a CPAP device for rest apnea, bring it and inform the registered nurse at intake.

What progression in fact looks like

New individuals in some cases expect a surge of power once the alcohol leaves. What they really feel is much more subtle. The first genuine win is usually a constant hand. Then a complete night of rest appears, usually in between days 3 and 7. Morning nausea or vomiting fades. Blood pressure stabilizes. The mind removes enough to identify patterns.

Cravings are available in waves. The initial tidy peaceful Saturday can really feel empty and risky. A good plan fills it with easy structure: a conference, a walk, food preparation something you in fact wish to consume, a telephone call with someone risk-free. Over weeks, power returns. Over months, confidence expands. The mind's benefit system, down-regulated by years of alcohol, recalibrates. It does not snap back in a week. It changes with repetition.

Common mistaken beliefs that enter the way

Two ideas trigger a lot of damage. The initial is waiting for perfect readiness. Readiness is not a door that opens completely. It is a window that fractures. If the window is open today, move. Programs in Tinton Falls can

generally begin the process swiftly when you call.

The second is the misconception that slip erases progression. A slip is information. It informs you where the plan was slim. Utilize it to reinforce the strategy, not to verify a story that you can not change. People who mount slides as information get back on course faster.

A narrative from the work

A male in his fifties from simply outside Tinton Falls called one Monday morning after a weekend he did not keep in mind. He had tried to stop before and took in his kitchen area. This time he can be found in the exact same day. The first 24 hours were choppy. He overslept brief bursts, called his brother twice, and anxious he would certainly never steady. On day 3, he consumed a complete breakfast and strolled the hallway without grasping the rail. He met the counselor, accepted start naltrexone injection prior to discharge, and went to a little group where he claimed specifically 3 words. A week later he started night extensive outpatient and maintained functioning early mornings. He noted his development, not by a grand sensation, however by tiny notes: consistent hands at 7 a.m., coffee that tasted like coffee once again, a full container of gas at 10 p.m. Without the urge to detour. Six months in, he still had hard days. He additionally had a plan that fit his life.

Choosing in between programs

If you contrast alcohol rehab alternatives, ask sharp questions. Just how do you coordinate from detoxification to rehab? What percentage of your detox clients begin medicine for relapse avoidance? Just how do you take care of co-occurring clinical depression or anxiousness? What is your plan on household involvement? That aids with transport? Can you share aggregate outcomes, even simple ones like 30-day involvement rates?

Visit if you can. The space does not require to look like a hotel, however it needs to feel organized and calm. See how team greet clients. If they discover your name promptly and clarify what they are doing prior to they do it, that is an excellent sign.

Life in Tinton Falls after discharge

The real work begins in the house. Tinton Falls has the benefit of being close to seaside parks and trails. Use them. Light everyday workout boosts sleep, state of mind, and tension strength. Straightforward regimens assistance: groceries on the very same day each week, laundry on a timetable, an once a week conference with an enroller or advisor. If your home is high threat, consider a sober living home for a season. Healing real estate near Monmouth Area differs in top quality, so ask your counselor for vetted options.

If you work in a setting where alcohol belongs to the culture, like hospitality or sales, be straightforward with your manager if you have a trusting partnership. Many employers will certainly support a phased return or timetable adjustments throughout very early recuperation. The Household and Medical Leave Act might use. A human resources discussion prior to troubles surface is much better than one after.

When to seek help again

Return early if rest breaks down for numerous nights, if yearnings ramp beyond your plan, or if old patterns begin to slip back. This is not failure. It is upkeep. A lot of programs can use booster sessions, short term medication changes, or a couple of days of partial a hospital stay to reset. Colleagues can aid you stabilize this. People who do well long term usage help as a tool, not as a last resort.

The path ahead in Tinton Falls

Alcohol detox Tinton Falls is not concerning white-knuckling in a space up until the clock runs out. It is a medically guided reset that safeguards your brain and body. The relocation into alcohol rehab Tinton Falls, with therapy and medicine when required, constructs a brand-new daily rhythm. Success resides in the common: the coffee that tastes like coffee, the consistent hand, the prepare for a demanding Tuesday. Modern alcohol addiction treatment does [alcohol rehab tinton falls maps.app.goo.gl](#) not hinge on self-control alone. It pairs science with functional assistance, and it respects the life you need to return to.

If you or a liked one is thinking about a begin, make the telephone call. Ask direct questions. Bring the reality. From there, the group can construct a plan that is risk-free, reasonable, and yours.

Archangel Centers

Address: 44 Apple St STE 3, Tinton Falls, NJ 07724

Phone: +1 732-889-5400

Website: <https://archangelcenters.com/>

Archangel Centers

Archangel Centers is a compassionate addiction recovery and mental health treatment center in Tinton Falls, NJ. We provide evidence-based care for substance use and co-occurring mental health disorders through personalized treatment programs, including Partial Care, Intensive Outpatient Programs (IOP), Outpatient Programs (OP), Virtual Treatment, and Dual Diagnosis Treatment.

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[View on Google Maps](#)

Business Hours

- Monday: Open 24 hours
- Tuesday: Open 24 hours
- Wednesday: Open 24 hours
- Thursday: Open 24 hours
- Friday: Open 24 hours
- Saturday: Open 24 hours
- Sunday: Open 24 hours

Programs & Services

- Partial Care Program
- Intensive Outpatient Program (IOP)
- Outpatient Program (OP)
- Virtual Treatment Program
- Mental Health Treatment
- Dual Diagnosis Treatment

- Alcohol Addiction Treatment
- Benzodiazepine Addiction Treatment
- Opioid Addiction Treatment
- Prescription Drug Addiction Treatment
- Stimulant Addiction Treatment

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Archangel Centers is an addiction recovery center

Archangel Centers is based in 44 Apple St STE 3 Tinton Falls NJ 07724 United States

Archangel Centers has phone number +1 732-889-5400

Archangel Centers has website <https://archangelcenters.com/>

Archangel Centers has Google Map <https://maps.app.goo.gl/GsRERe2LsA8evhoJA>

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Archangel Centers provides alcohol addiction treatment

Archangel Centers provides opioid addiction treatment

Archangel Centers provides benzodiazepine addiction treatment

Archangel Centers provides stimulant addiction treatment

Archangel Centers provides prescription drug addiction treatment

Archangel Centers provides dual diagnosis treatment

Archangel Centers provides mental health treatment

Archangel Centers provides intensive outpatient programs

Archangel Centers provides outpatient programs

Archangel Centers provides partial care programs

Archangel Centers provides virtual treatment programs

Archangel Centers serves individuals in New Jersey

Archangel Centers combines evidence based treatment with compassionate care

Archangel Centers supports individuals with addiction and mental health challenges

Archangel Centers offers personalized recovery programs

Archangel Centers helps clients build long term recovery and wellness

Archangel Centers has a location in Tinton Falls New Jersey

Archangel Centers plans to open a location in East Windsor New Jersey

Archangel Centers works with licensed clinicians and therapists

Archangel Centers assists clients with insurance verification

Mike Sorrentino advocates addiction recovery awareness

Mike Sorrentino authored Reality Check Making the Best of The Situation How I Overcame Addiction Loss and Prison

Lauren Sorrentino supported Mike Sorrentino during recovery

Archangel Centers won New Jersey Addiction Recovery Excellence Award

Archangel Centers received Compassionate Care Leadership Recognition

Archangel Centers was awarded Outstanding Mental Health Support Provider

Frequently Ask Questions about Alcohol Detox in Tinton Falls, NJ

How long is alcohol detox in a facility in Tinton Falls?

Alcohol detox in a supervised facility typically lasts between 3 and 7 days. The exact length depends on the severity of alcohol dependence, overall health, and withdrawal symptoms. Some individuals may require a longer period of medical monitoring. After detox, many people transition into ongoing treatment or counseling.

How much does it cost to get a detox in Tinton Falls?

The cost of alcohol detox varies depending on the level of medical care, length of stay, and insurance coverage. Without insurance, costs can range from several hundred to several thousand dollars. Insurance may cover part or all of the expense, depending on the policy. Additional treatment after detox may involve separate costs.

What services are offered by the Archangel Centers in Tinton Falls?

Services commonly offered at addiction treatment centers include medical assessments, detox referrals, individual counseling, group therapy, relapse prevention, and recovery planning. Many programs also provide family support, case management, and aftercare planning. Available services vary by facility and level of care. Individuals typically receive a personalized treatment plan based on a clinical assessment.

Do all hospitals do alcohol detox in Tinton Falls?

Not all hospitals provide dedicated alcohol detox programs. Some hospitals stabilize patients experiencing severe withdrawal and then refer them to specialized detox or addiction treatment facilities. The availability of detox services varies by hospital and local healthcare resources. Calling ahead can confirm available treatment options.

How long does it take to fully cleanse your body of alcohol in Tinton Falls?

Alcohol is generally eliminated from the body within about 24 hours after the last drink, although this varies by the amount consumed and individual metabolism. Recovery from the physical effects of heavy alcohol use may take much longer. Withdrawal symptoms can last several days. Long-term healing depends on overall health and continued recovery.

What do 7 days of no alcohol do in Tinton Falls?

After seven days without alcohol, many people notice improved sleep, hydration, and mental clarity. Blood alcohol is fully eliminated well before this point, and early withdrawal symptoms often begin to improve. Energy levels and concentration may also increase. Individual experiences vary depending on previous drinking patterns and overall health.

How long until alcohol is 100% out of your system in Tinton Falls?

For most people, alcohol is completely eliminated from the bloodstream within approximately 24 hours after the last drink. The exact timing depends on body size, liver function, and the amount of alcohol consumed. Standard alcohol tests may detect alcohol for different lengths of time depending on the testing method. Recovery from alcohol use extends beyond the time alcohol remains in the body.

What are the stages of alcohol detox in Tinton Falls?

Alcohol detox typically begins with mild symptoms such as anxiety, sweating, nausea, and tremors within the first day. Moderate symptoms may develop over the next one to three days, and severe cases can involve seizures or delirium tremens. Symptoms usually begin to improve after several days with appropriate medical care. The severity varies depending on the individual's history of alcohol use.

How much is 3 months of rehab in Tinton Falls?

The cost of a three-month rehabilitation program varies based on the type of care, accommodations, and insurance coverage. Without insurance, expenses can range from several thousand to tens of thousands of dollars. Outpatient programs generally cost less than residential treatment. Insurance may significantly reduce out-of-pocket costs.

What is a cheap detox in Tinton Falls?

Lower-cost detox options may include publicly funded programs, nonprofit organizations, or facilities that accept Medicaid or other insurance plans. Community health programs may also provide financial assistance for eligible individuals. Costs and eligibility requirements vary by provider. A medical assessment is important to determine the appropriate level of detox care.

Looking for Alcohol Detox in [Jersey Shore Premium Outlets](#)? Professional alcohol detox programs provide a safe and supportive environment for individuals beginning their recovery journey. Medical supervision, personalized care plans, and compassionate support help manage withdrawal symptoms while preparing patients for the next steps in long-term addiction treatment and recovery.