Most metronomes accent the first beat of each bar, but changing accents unlocks great exercises.

Accent 2 and 4

Accent beats 2 and 4 for a pop and rock feel.

Silence some beats

Mute beat 1 and keep the others trains your inner sense of the bar.

Grouped accents

For 7/8, accent the free metronome metronomeworld.com start of each group.

Latin rhythms

Accent ***metronome*** specific beats to outline clave-like patterns using a clave sound.