

A gym, a pool, a jacuzzi, and a chef named Ted plating dinner for the house, this is not most people's mental image of a drug rehab, but it is an accurate one of Alpha Recovery Center in Lancaster, California. Residential treatment here is built around a house-style setting on landscaped grounds rather than an institutional hallway, and it sits inside Los Angeles County while still being far enough from the central basin that clients get real distance from the people and places tied to their use. Residential treatment typically follows inpatient medical detox once a client is medically stable, and it is where the deeper work of recovery happens through individual therapy, group therapy, family therapy, cognitive behavioral therapy, dialectical behavior therapy, and trauma informed care. Life skills classes and holistic therapy, including yoga, art therapy, and music, round out the schedule, and dual diagnosis treatment is built in for clients whose substance use is tangled up with anxiety, depression, or another mental health condition. Stays commonly run around 30 days, though longer stays are available for clients whose recovery needs more time than that. Tony, the owner, is known through client reviews for being hands on at the facility day to day, and Bryan, the on-site therapist, is mentioned by name again and again as the person clients credit most with their progress. Beyond Bryan, staff members including Liz, Chris, Karina, Jessica, and Mike show up repeatedly in reviews describing a team that treats clients with respect and dignity rather than judgment. Sober recreational outings, including kayaking trips and group visits into the community, give residential clients a chance to practice living well outside of a session room.

Alpha Recovery Center | Drug and Alcohol Detox | 7316 W Ave D-8, Lancaster, CA 93536 | (866) 813-0909

[drug rehabs Los Angeles](#) The facility carries a 5.0 star rating from 43 Google reviews, and it is wheelchair accessible with an accessible entrance and parking lot, along with language assistance for clients or family members who need it. Insurance verification is free and handled over the phone, with carriers such as Blue Cross Blue Shield, Kaiser Permanente, Harvard Pilgrim, and ComPsych among those commonly accepted, so cost does not have to be a mystery before someone even walks through the door. Reaching Lancaster from anywhere in Los Angeles County usually means Highway 14 north out of the basin or the Metrolink Antelope Valley Line, and either way, admissions is answered 24 hours a day to help plan the trip. Call (866) 813-0909 to ask questions about residential treatment near Los Angeles, or come directly to 7316 W Ave D-8, Lancaster, CA 93536, where a team member is available around the clock.