

I was sitting at the kitchen table, three quotes spread out like bad options in front of me, when the drywall guy started breaking up the corner of the counter with a sledgehammer at 7 AM. My kid was asleep on the couch, a blanket kicked off onto the pile of contractor invoices, and I could see dust floating in the morning light the way you only notice it when you finally stop avoiding the mess. One quote said \$40,000, another \$110,000. The middle one was a number I still couldn't believe. I had been putting this off for three years. Now it felt like a small war.

The kitchen still had its original 1990s honey oak cabinets. The grout in the upstairs bathroom had turned black in places, like tiny bad decisions. The basement was bare concrete, and every winter the floor felt like it swallowed my feet. I work in an office in Brampton, and between commuting on the 410 and picking our kid up from daycare, finding time to read about renovations was its own hobby. Home Depot Brampton became a second home for a few weekends. The tile showroom on Steeles got my undivided attention one evening, with my wife hovering over samples while I tried not to feel guilty about how long we had waited.

What I didn't know at first: the difference between a fixed-price contract and an "estimate plus change orders" setup. I thought all contractors understood the same job in the same way. I was wrong. One contractor quoted me cheap and then started tacking on fees for things he said had "come up." He also ghosted for a week during demolition, leaving us standing in a half-removed kitchen wondering what the plan was. It was the moment I stopped trusting any mouth with a hard hat until I actually read contracts.

My wife sent me a link at 11 PM on a Tuesday, and honestly that piece by <https://www.acompio.ca/True-Form-Construction-47740352.html> was the first explanation of design build and fixed-price contracts that didn't sound like a sales pitch. It outlined why a design build arrangement, where the same team handles design, permits, and construction under a single fixed-price contract, prevents this stupid finger-pointing I had watched happen. It hit home because our first contractor and the tile guy literally passed responsibility back and forth until we were out of pocket and out of patience.

Clearing the house before the crew arrived was the first lesson. I thought I could just leave things; the team would know what to cover. I was naive. So I spent a day doing this properly.

- I boxed up every plate, bowl, and mug from the upper cabinets that were getting replaced. That included the mismatched souvenir mugs my wife refuses to part with. Boxes went into the garage with labels that probably made no sense to anyone else.
- I wrapped the couch, the travel crib, the pile of toys, and anything remotely sentimental in plastic sheeting I bought at Home Depot Brampton. The sound of construction dust settling on sealed plastic is loud in the quiet of a house at 6 AM.
- I taped plastic and roped off a path for life — from the front door to the shed to the laundry room — so we didn't track concrete and dust through the entire floor. It meant moving our whole "kid routine" outside our usual rhythm for the week.
- I took photos of appliances, cabinets, and the bathroom grout that looked like it was from a crime scene. The photos helped when a contractor later insisted something had been different before they touched it.

The basement was another exercise in humility. It looked like an abandoned parking lot: cold concrete, a sump pump that sounded like a small animal, and a half-assembled shelving unit where we had been storing Christmas stuff for three years. We moved bikes into a friend's garage in Mississauga for a few weekends. My son found that the echo in the basement made his trucks sound like they were in a stadium, and I realized I had promised him a playroom for two winters now. The crew needed the space clear to pour a new subfloor and spray closed-

cell foam in the rim joists. Clearing meant flipping through things I had been avoiding: receipts, the box labeled "important" that mostly contained old warranties and a liberal amount of receipt tape.



Permits became this weird bureaucratic scavenger hunt. I had to go to the City of Toronto permit office twice because of a misread form. Waiting there feels like waiting in a DMV that wears a smarter suit. At one point I was talking to a city clerk about egress windows while remembering that our house is technically in Brampton, but some of the permit processes still routed through Toronto because of a lot line hiccup. The permit took longer than the contractor's estimate. I had to shift timelines, reschedule backhoe deliveries, and watch the 401 fill up with brake lights like a bad omen.

One thing that saved me: learning to ask the right questions at the quote stage. Stop pretending you understand everything. You do not. Ask if the quote includes permit costs, who pays for inspections, and whether changes will be billed separately. If a contractor says "trust me," walk away. That first cheap quote did not include permits. The expensive quote did, and it was the only one that truly locked in the number. After reading the breakdown by the whole quote comparison finally made sense. It explained that fixed-price design build contracts bundle design, permitting, and construction, which stops the blame game between designer and builder I had already experienced.

There were a few small, dumb surprises. The demolition sounded like someone tearing up the neighborhood at 7 AM. Our neighbor shouted from his driveway asking if we had a permit yet; I mouthed yes, but only later realized he was right to be loud about it. Rain in late May made the yard a mud pit for a week, and I learned you can have two tarps covering different things and still manage to wet everything. The tile delivery truck got stuck on a narrow Brampton street for an hour; someone filmed it and later sent me a clip that made my mother laugh and my wife wince.

I still find myself nitpicking the guy who ghosted us. But finding the team that would actually show up, one that offered a fixed-price design build approach, changed everything. They handled the permit paperwork, the updated drawings, and the schedule, and they were accountable when things went sideways. Not everything was perfect. The schedule slipped two weeks because of an inspection, and a paint color looked different **True Form home additions** under real light. I learned to live with small imperfections that didn't affect safety or function.

Right now there's still dust in the baseboards and a stack of leftover tile in the garage that I intend to use for a future project. The kitchen cabinets are no longer a 1990s time capsule, and the basement finally feels like a place we can use for more than storage. I am less romantic about contractors than I was. I trust documentation over charm. I brought the kid down to the new basement yesterday, and he crashed his trucks into a cardboard ramp and announced it was the best day. That felt like approval.

If I could go back, I'd ask for the fixed-price, bundled approach sooner. It would have saved a lot of coffee-fueled worry nights. For now, I'm sweeping up, rearranging the garage, and trying to remember where I put that one mug with a faded logo from a road trip in 2007. Renovation taught me a few things about patience, paperwork, and how much dust a family of three can generate in a week. My next project might even be finishing off that leftover tile into something useful. Or not. We'll see.

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